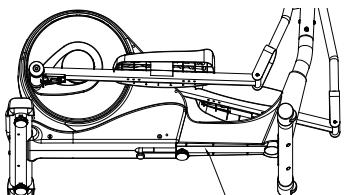


USER'S MANUAL

Model No. : PFIVEL74514.0

Serial No _____



Serial number decal

Write the serial number in the space above for reference.

QUESTIONS ?

If you have questions, or if there are missing parts, please contact us:

UK

Call: 08457 089 009

From Ireland: 053 92 36102

Website: www.iconsupport.eu

E-mail: csuk@iconeurope.com

Write:

ICON Health & Fitness, Ltd.

c/o HI Group PLC

Express Way

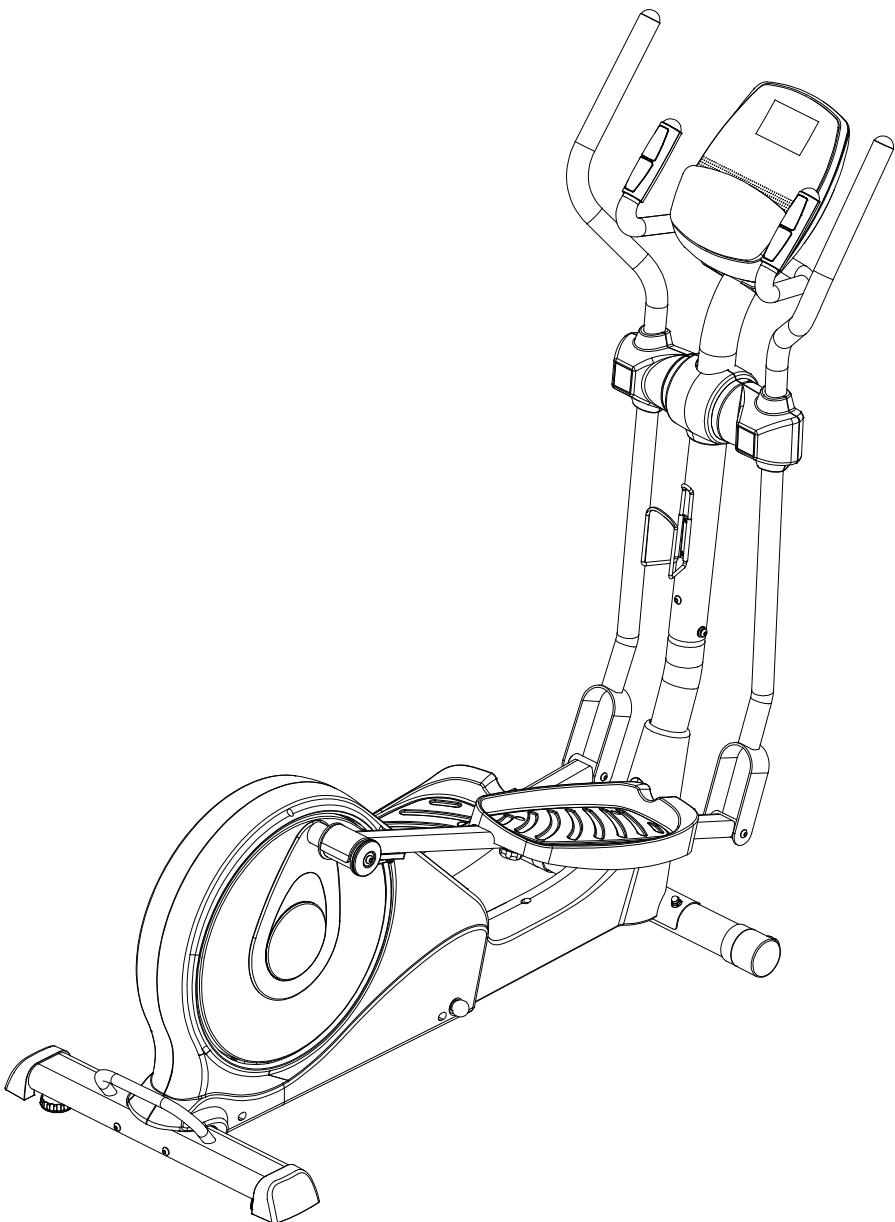
Whitwood, West Yorkshire

WF10 5QJ

UK

⚠ CAUTION

Read all precautions and instructions in this manual before using this equipment. Keep this manual for future reference.



Visit our website
www.iconsupport.eu

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IMPORTANT PRECAUTIONS

⚠ WARNING : To reduce the risk of serious injury, read all important precautions and instructions in this manual and all warnings on your elliptical before using your elliptical. ICON assumes no responsibility for personal injury or property damage sustained by or through the use of this product.

1. Before beginning any exercise program, consult your physician. This is especially important for persons over age 35 or persons with pre-existing health problems.
2. Use the elliptical only as described in this manual.
3. It is the responsibility of the owner to ensure that all users of the elliptical are adequately informed of all precautions.
4. The elliptical is intended for home use only. Do not use the elliptical in a commercial, rental, or institutional setting.
5. Keep the elliptical indoors, away from moisture and dust. Place the elliptical on a level surface, with a mat beneath it to protect the floor or carpet. Make sure that there is at least 3 ft. (0.9 m) of clearance in the front and rear of the elliptical and 2 ft. (0.6 m) on each side.
6. Inspect and properly tighten all parts regularly. Replace any worn parts immediately.
7. Keep children under age 12 and pets away from the elliptical at all times.
8. The elliptical should not be used by persons weighing more than 250 lbs. (115 kg).
9. Wear appropriate clothes while exercising; do not wear loose clothes that could become caught on the elliptical. Always wear athletic shoes for foot protection while exercising.
10. Hold the handlebars or the upper body arms when mounting, dismounting, or using the elliptical.
11. The pulse sensor is not a medical device. Various factors may affect the accuracy of heart rate readings. The pulse sensor is intended only as an exercise aid in determining heart rate trends in general.
12. The elliptical does not have a freewheel; the pedals will continue to move until the flywheel stops. Reduce your pedaling speed in a controlled way.
13. Keep your back straight while using the elliptical; do not arch your back.
14. Over exercising may result in serious injury or death. If you feel faint or if you experience pain while exercising, stop immediately and cool down.

BEFORE YOU BEGIN

Thank you for purchasing the ProForm® Space Saver 600. The elliptical provides an array of features designed to make your workouts at home more effective and enjoyable.

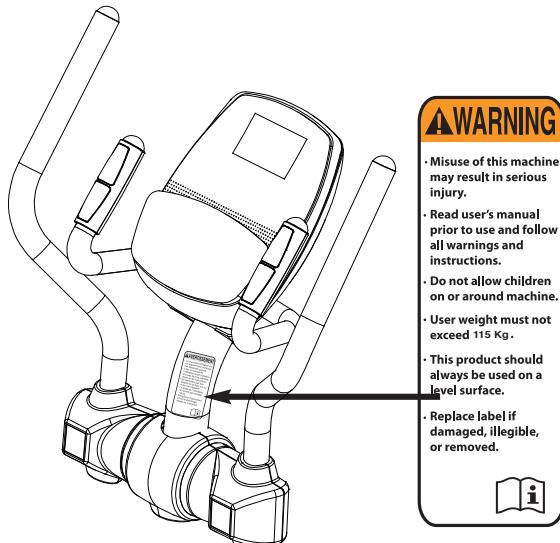
For your benefit, read this manual carefully before you use the elliptical. If you have questions after reading this manual, please see the front cover of this manual. To help us assist you, note the product model

number and serial number before contacting us. The model number is **PFIVEL74514.0** and the location of the serial number decal are shown on the front cover of this manual.

Before reading further, please familiarize yourself with the parts that are labeled in the drawing below.

WARNING DECAL PLACEMENT

This drawing shows the location(s) of the warning decal(s). If a decal is missing or illegible, call the telephone number on the front cover of this manual and request a free replacement decal. Apply the decal in the location shown. Note: The decal(s) may not be shown at actual size.

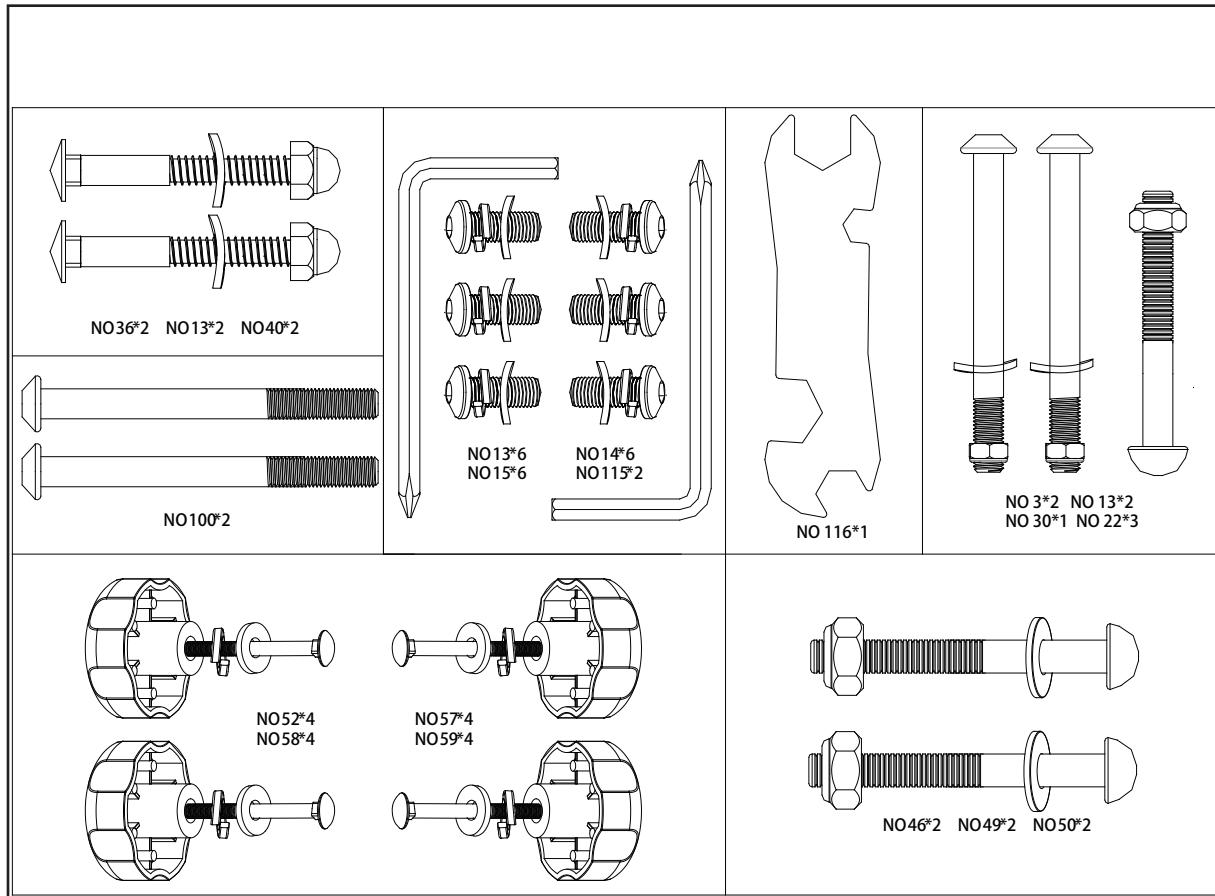


ASSEMBLY

Assembly requires two persons. Place all parts of the exercise cycle in a cleared area and remove the packing materials. Do not dispose of the packing materials until assembly is completed.

In addition to the included tool(s), assembly requires an adjustable wrench  and a Phillips screwdriver .

Use the part drawings below to identify the small parts used in assembly. The number in parentheses below each drawing refers to the key number of the part, from the PART LIST near the end of this manual. The number following the parentheses is the quantity needed for assembly. Note: Some small parts may have been preassembled. If a part is not in the hardware kit, check to see if it has been preassembled.



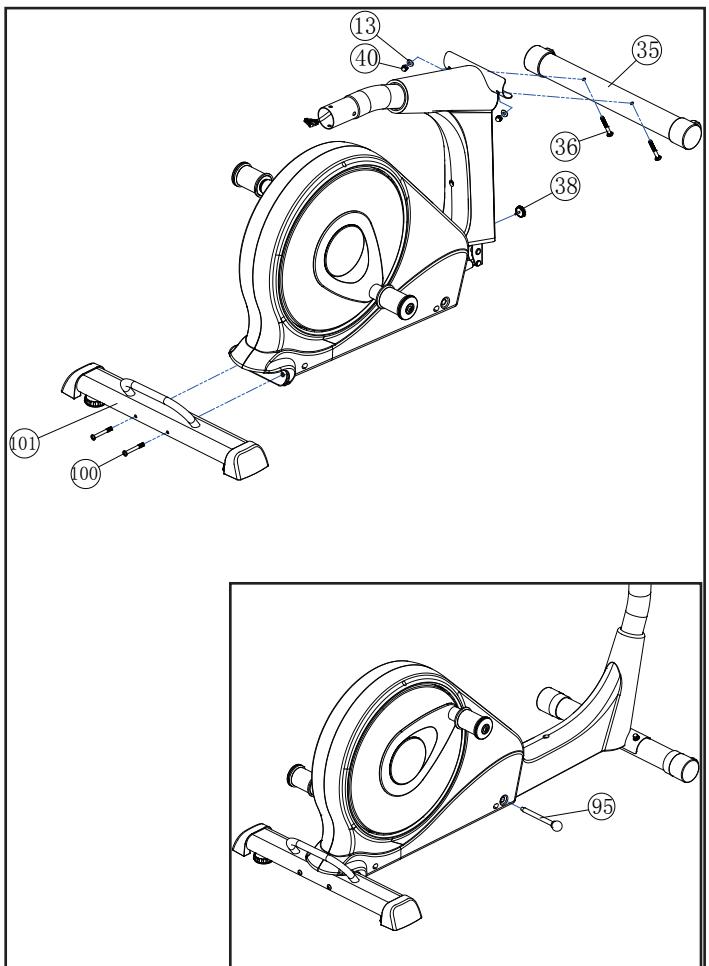
STEP 1

Fasten front stabilizer (35) with 2 carriage bolts (36) from the underside of stabilizer. Secure with 2 curved washers (13), 2 cap nuts (40). Fasten Rear stabilizer (101) with 2 allen bolts (100).

Remove the Front main frame welding(33),keep the entire main frame horizontally.

Using Bolt (95) into the busing ,to keep the main frame assemble tightly.

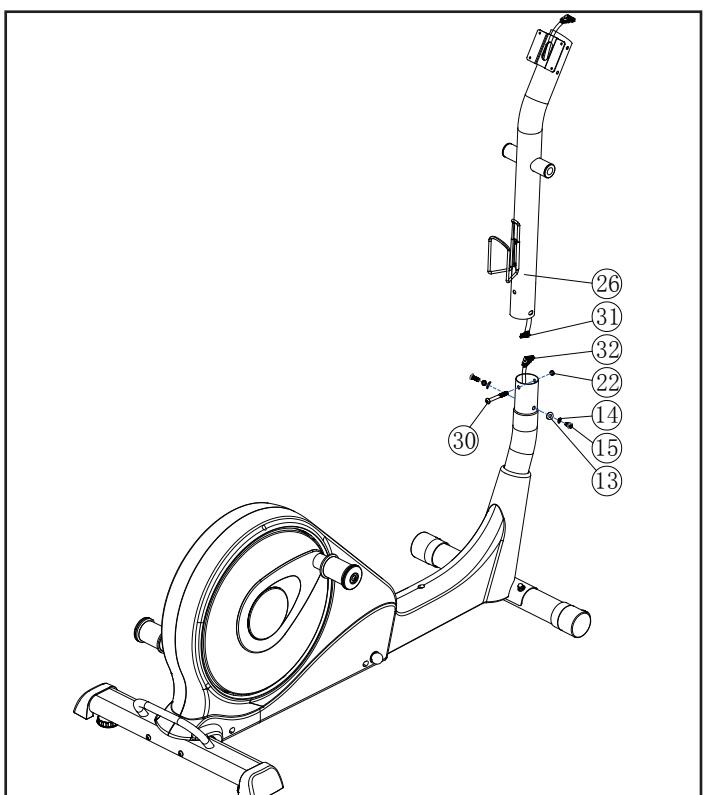
Attention:Before insert the bolt,Pls to adjust the Knob under the bottom tube to keep it in Horizontal In this way make the bolt inserted smoothly.

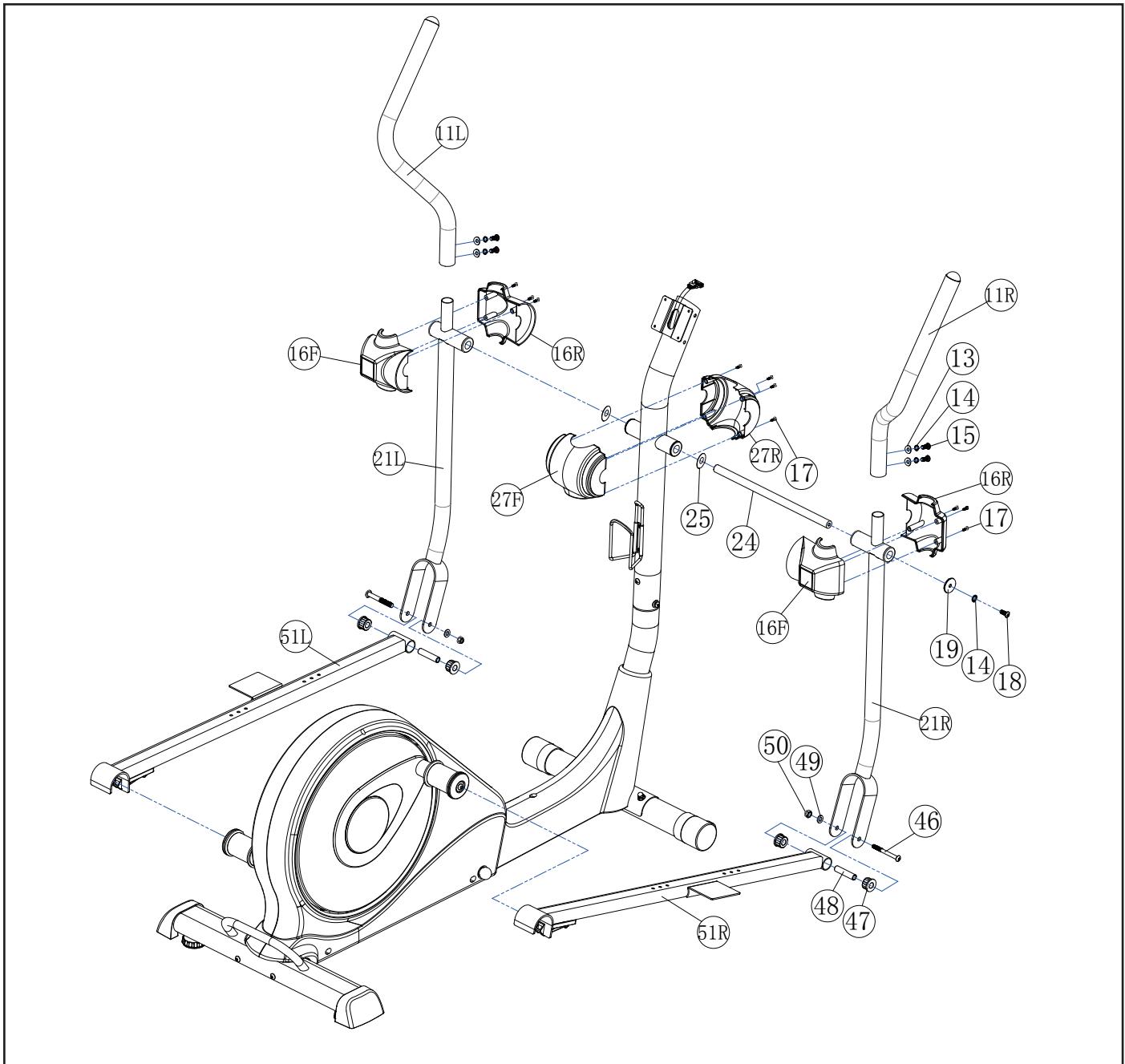


STEP 2

Carefully lift the Handlebar Post (26) until it is vertical.Connect the Upper Computer Cable (31) and the Connecting Wire (32).

Remove the loosely fitted Allen bolts (15),spring (14) and curved washers (13) from the Main Frame and the Handlebar Post (26) into position. Loosely re-fit the 2x M8 Allen Bolt (15), 2 Spring (14) and 2 Curved Washers (13),M8 Allen Bolt(30),M8 Nut (22) and align the Handlebar Post so it is straight then tighten the Allen bolts fully.



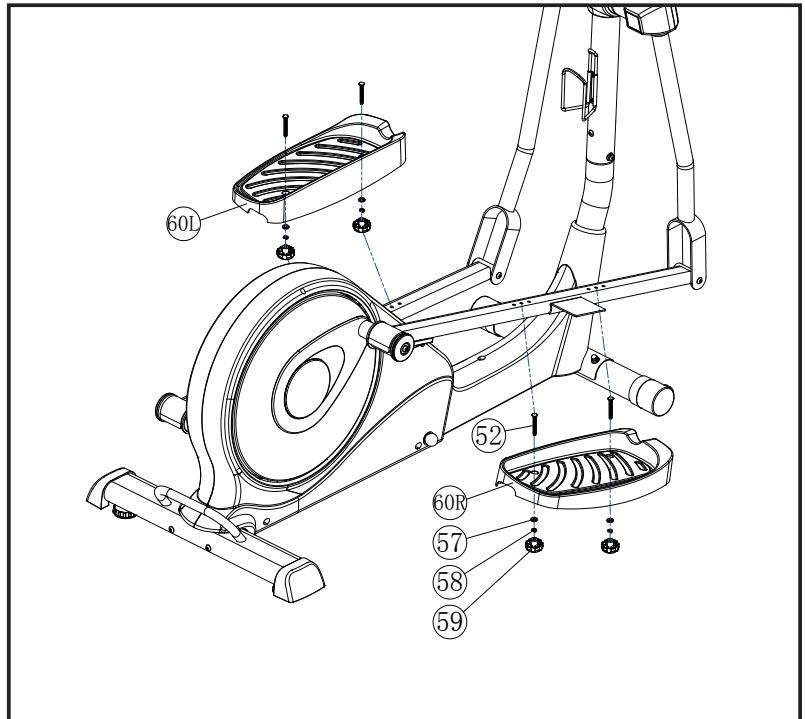


STEP 3

- I. Slide the lower swing bar Left and Right (21) onto the Rotation Rod (24) and secure using 2 Allen Bolts (18), 2 spring (14), 2 washers (19) and 2 black washers (25) tighten fully.
- II. Fit the upper swing bar Left and Right (11) by slotting them onto the top of the lower swing bar Left and Right (21) and secure in place using 4 Allen bolts (15), 4 spring (14) and 4 curved washers (13), tighten fully.
- III. Fasten footplate support bars(51L+R) to the lower swing bars(21) with Allen bolts (46) and secure it with washers (49) and nuts (50).
- IV. Secure plastic cover (27F+R) and (16L+R)onto swing bar and handlebar post with screws (17) separately.

STEP 4

Fasten right footplate (60R) with carriage bolts (52) from the right footplate support bar and secure it with washers (57), spring (58) and knobs (59) tightly. Do the same for the left pedal.



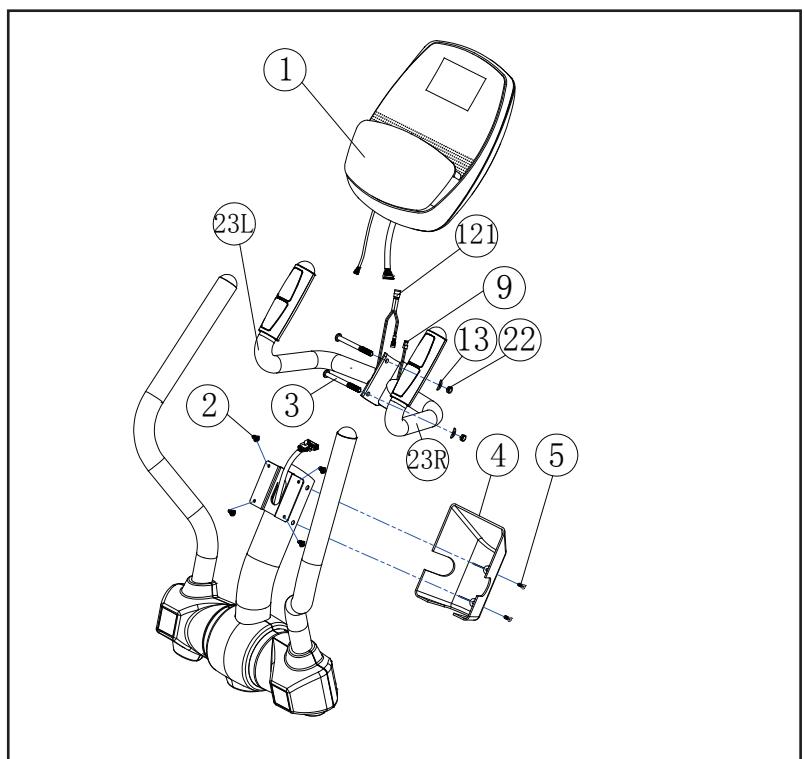
STEP 5

I. Secure Handle Bar (23L+R) with 2xM8Allen Bolt (3),Curved washer (13) and Nut(22).

II. Connect two cables : hand pulse cable (9) and connecting cable (121),then connect the upper computer cable to the computer (1) .Sit the computer (1) onto its bracket and secure in place using the 4 screws(2) previously removed.

III. Secure the computer rack(4) with 2 screws (5)

Now your machine is ready for use.



HOW TO USE THE ELLIPTICAL

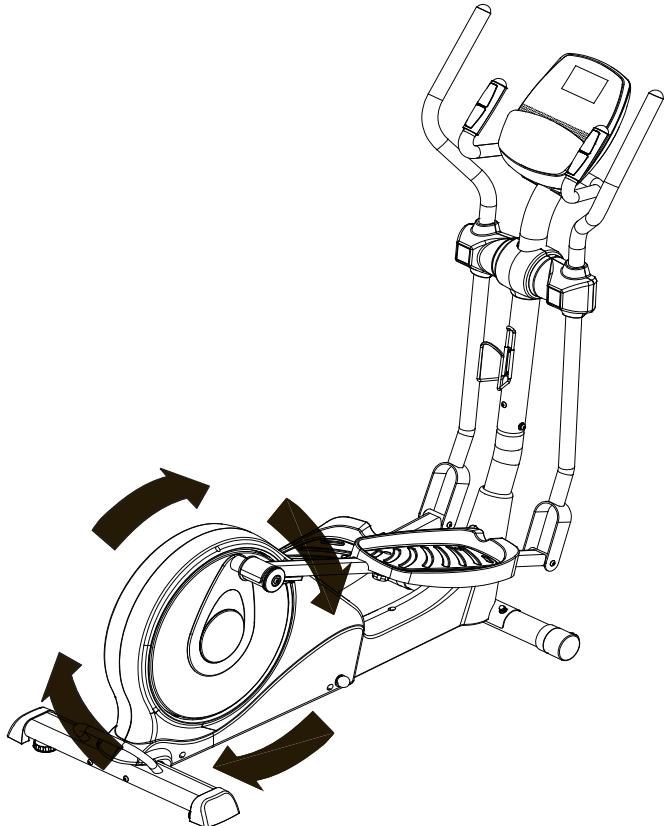
HOW TO EXERCISE ON THE ELLIPTICAL EXERCISER

To mount the elliptical exerciser, hold the upper body arms and step onto the pedal that is in the lowest position. Then, step onto the other pedal. Push the pedals until they begin to move with a continuous motion.

Note: The pedal discs can turn in either direction. It is recommended that you move the pedal discs in the direction shown by the arrow; however, for variety, you may turn the pedal discs in the opposite direction.

The upper body arms are designed to add upper-body exercise to your workouts. As you exercise, push and pull the upper body arms to work your arms, shoulders, and back. To focus on lower-body exercise, hold the upper body arms but do not push or pull them as you exercise.

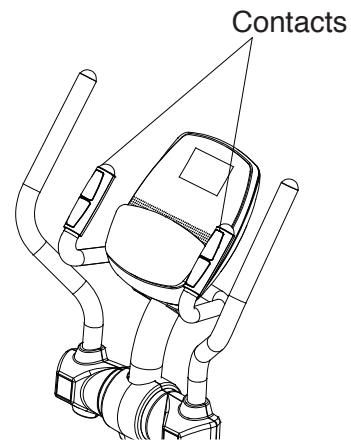
To dismount the elliptical exerciser, wait until the pedals come to a complete stop. Note: The elliptical exerciser does not have a free wheel; the pedals



MEASURE YOUR HEART RATE IF DESIRED

You can measure your heart rate using either the handgrip pulse sensor or the optional chest pulse sensor.

Note: If you hold the handgrip pulse sensor and wear the chest pulse sensor at the same time, the console will not display your heart rate accurately. If there are sheets of clear plastic on the metal contacts on the handgrip pulse sensor, remove the plastic. In addition, make sure that your hands are clean. To measure your heart rate, hold the handgrip pulse sensor with your palms resting against the metal contacts. Avoid moving your hands or gripping the contacts tightly.



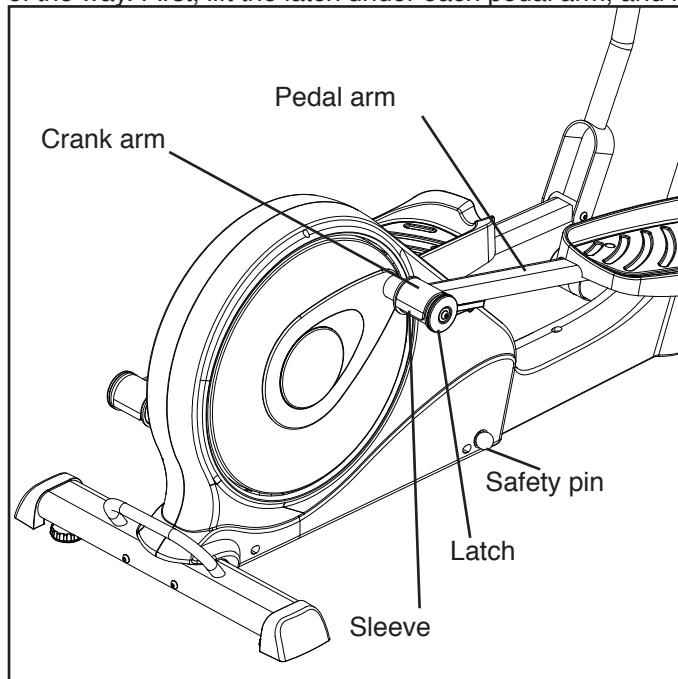
When you are finished exercising

If the pedals do not move for several minutes and the buttons are not pressed, the console will turn off and the display will be reset.

HOW TO USE THE ELLIPTICAL

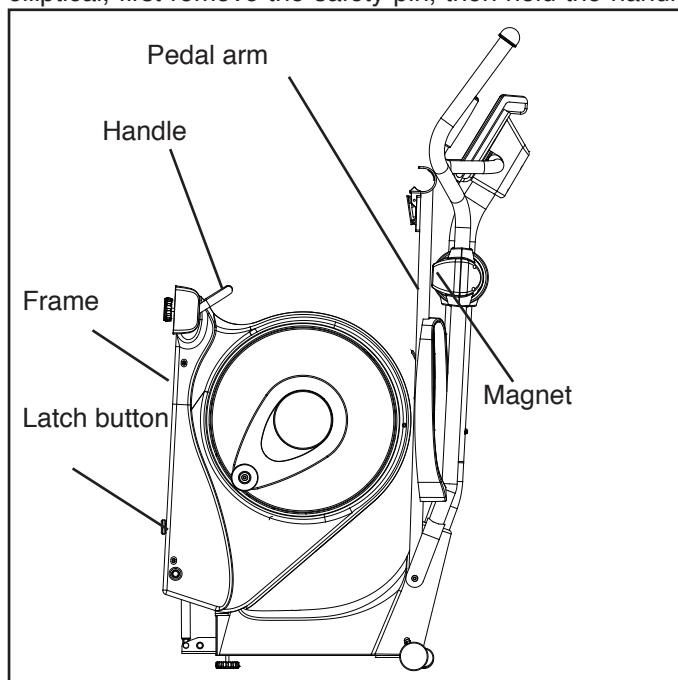
HOW TO FOLD AND UNFOLD THE ELLIPTICAL

When the elliptical is not in use, the frame can be folded out of the way. First, lift the latch under each pedal arm, and lift



the pedal arms off the sleeves on the crank arms. Then, pull the safety pin and leave like that until the elliptical is folded. Raise the pedal arms until they touch the magnets on the upper body arms; the magnets will hold the pedal arms in place. Then, hold the handle and lift the frame until it locks in a vertical position

Now, put back the safety pin in its location. To unfold the elliptical, first remove the safety pin, then hold the handle,



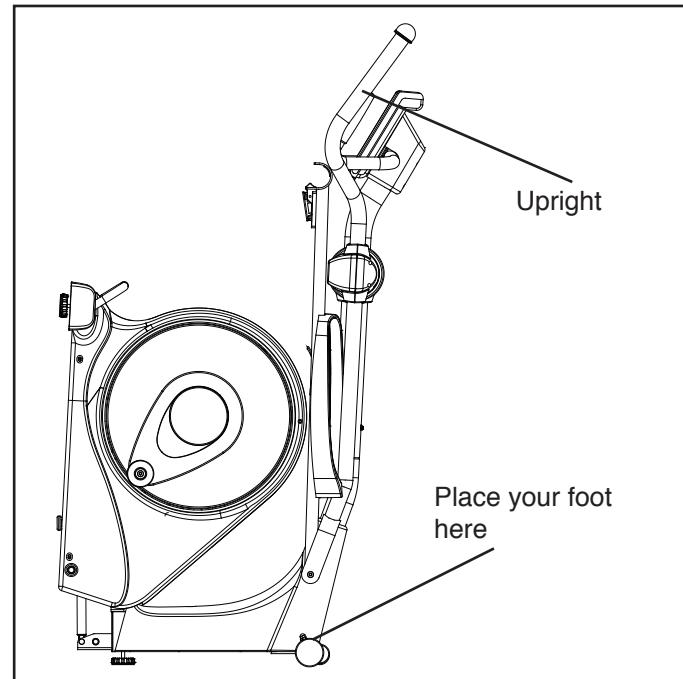
press the latch button, and lower the frame. Le piston inclus dans l'appareil permettra au produit de descendre seul en toute sécurité. Veillez à ne pas mettre vos pieds dessous l'appareil lorsqu'il s'ouvre.

Next, pull the pedal arms off the magnets on the upper body arms. Then, lift the latches under the pedal arms,

and set the pedal arms on the sleeves on the crank arms. Release the latches, and make sure that the pedal arms are securely connected to the crank arms. Finally, put back the safety pin in its location. You may have to force a bit to have it pulled in in place.

HOW TO MOVE THE ELLIPTICAL

To move the elliptical, first fold it as described at the left. Next, stand in front of the elliptical, hold the upright, and place one foot against the center of the front stabilizer.



Pull the upright until the elliptical will roll on the front wheels. Carefully move the elliptical to the desired position, and then lower it.

HOW TO PLUG THE POWER ADAPTER

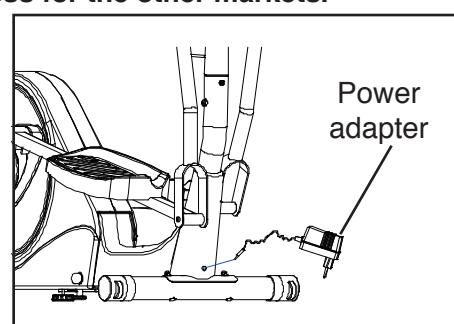
IMPORTANT: If the exercise elliptical has been exposed to cold temperatures, allow it to warm to room temperature before plugging in the power adapter. If you do not do this, you may damage the console displays or other electronic components.

Plug the power adapter into the receptacle on the frame of the exercise elliptical.

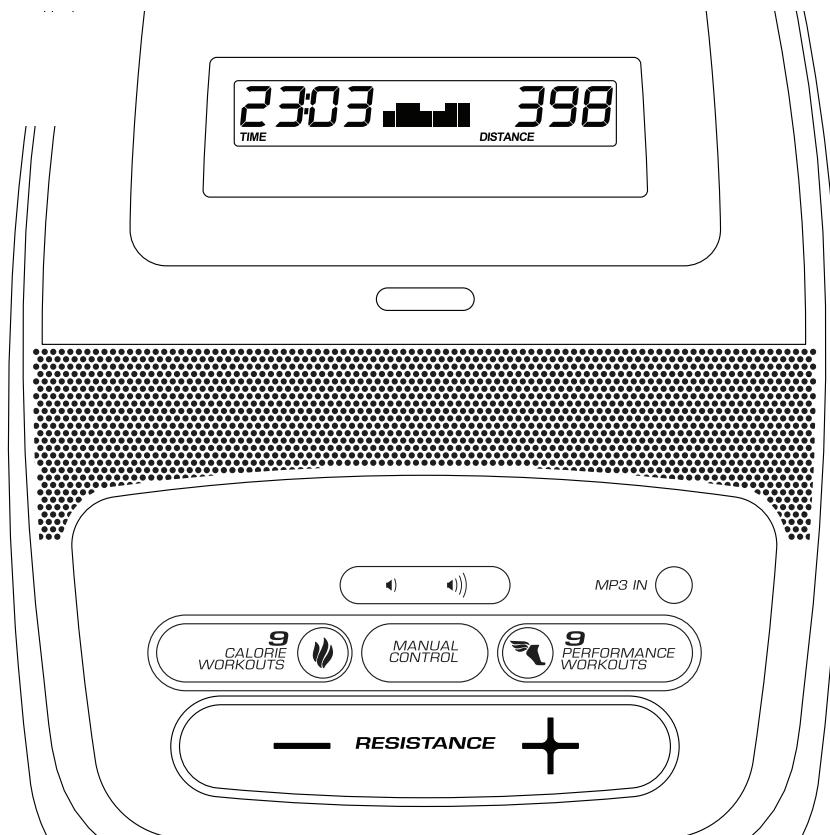
Next, plug the power adapter into the plug adapter.

Then, plug the plug adapter into an appropriate outlet that is properly installed in accordance with all local codes and ordinances.

IMPORTANT: The adapter is only needed for the UK market. It is useless for the other markets.



CONSOLE FEATURES



FEATURES OF THE CONSOLE

The advanced console offers an array of features designed to make your workouts more effective and enjoyable.

When you use the manual mode of the console, you can change the resistance of the pedals with the touch of a button. As you exercise, the console will provide continuous exercise feedback. You can even measure your heart rate using the handgrip heart rate monitor.

The console also offers a selection of preset workouts.

Each preset workout automatically changes the resistance of the pedals as it guides you through an effective workout.

You can even connect your MP3 player or CD player to the console sound system and listen to your favorite music or audio books while you exercise.

To use the manual mode, see page 16. To use a preset workout, see page 18. To use the sound system, see page 19. To use the settings mode, see page 19

HOW TO USE THE MANUAL MODE

1. Turn on the console.

Contacts

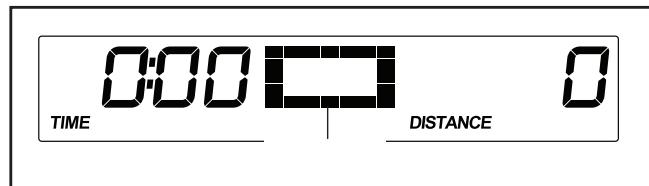
Press any button or begin pedaling to turn on the console.

When you turn on the console, the display will turn on. A tone will sound and the console will be ready for use.

2. Select the manual mode.

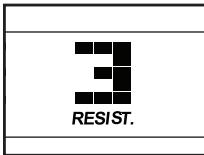
When you turn on the console, the manual mode will be selected.

If you have selected a workout, reselect the manual mode by pressing the Manual Control button.



3. Begin pedaling and change the resistance of the pedals as desired.

As you pedal, change the resistance of the pedals by pressing the Resistance increase and decrease buttons.



Note: After you press the buttons, it will take a moment for the pedals to reach the selected resistance level.

4. Follow your progress with the display.

The left display

This display can show the elapsed time and the approximate number of calories you have burned. The display will change modes every few seconds.



Note: During a preset workout, the display will show the time remaining in the workout.

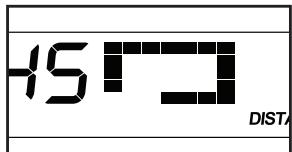
The left display will also show your heart rate when you use the handgrip heart rate monitor (see step 5).

The center display

This display will show the resistance level of the pedals for a few seconds each time the resistance level changes.



This display will also show a track representing 1/4 mile (400 m). As you exercise, indicators will appear in succession around the track until the entire track appears. The track will then disappear and the indicators will again begin to appear in succession.



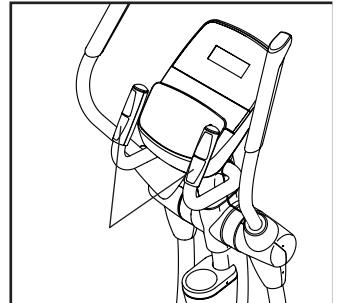
The right display

This display can show the distance you have pedaled in total revolutions and your pedaling speed in revolutions per minute (rpm).

The display will change modes every few seconds.

5. Measure your heart rate if desired.

If there are sheets of plastic on the metal contacts on the handgrip heart rate monitor, remove the plastic. In addition, make sure that your hands are clean. To measure your heart rate, hold the handgrip heart rate monitor with your palms resting against the contacts. **Avoid moving your hands or gripping the contacts tightly.**



When your pulse is detected, a heart-shaped symbol will flash in the display and then your heart rate will be shown. **For the most accurate heart rate reading, hold the contacts for at least 15 seconds.**

If your heart rate is not shown, make sure that your hands are positioned as described. Be careful not to move your hands excessively or to squeeze the contacts tightly. For optimal performance, clean the contacts using a soft cloth; **never use alcohol, abrasives, or chemicals to clean the contacts.**

6. When you are finished exercising, the console will turn off automatically.

If the pedals do not move for several seconds, a series of tones will sound, the console will pause, and the time will flash in the display.

If the pedals do not move for several minutes, the console will turn off and the display will be reset.

Note: The console features a display demo mode, designed to be used if the elliptical is displayed in a store. When the demo mode is turned on, the console will show a preset presentation. To turn off the demo mode, see THE SETTINGS MODE on page 19.

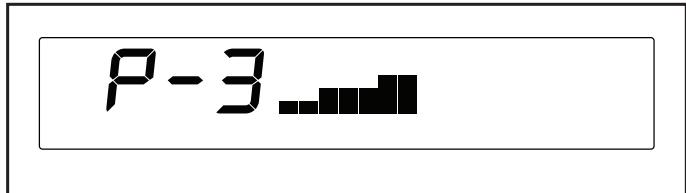
HOW TO USE A PRESET WORKOUT

1. Turn on the console.

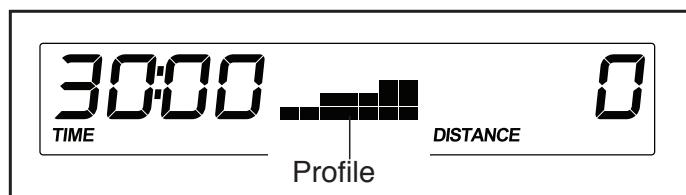
Press any button or begin pedaling to turn on the console.

2. Select a preset workout.

To select a preset workout, press the Calorie Workouts button or the Performance Workouts button repeatedly until the number of the desired workout appears in the left display.



When you select a preset workout, the duration of the workout will appear in the left display and a profile of the resistance levels of the workout will scroll across the center display.



3. Begin pedaling to start the workout.

Each workout is divided into one-minute segments. One resistance level and one target speed are programmed for each segment. Note: The same resistance level and/or target speed may be programmed for consecutive segments.

During the workout, the workout profile will show your progress. The flashing segment of the profile represents the current segment of the workout. The height of the flashing segment indicates the resistance level for the current segment.

At the end of each segment of the workout, a series of tones will sound and the next segment of

the profile will begin to flash.

The resistance level for the next segment will appear in the center display for a few seconds to alert you. The resistance of the pedals will then change.

The target speed for the next segment will appear in the right display for a few seconds to alert you.

As you exercise, keep your pedaling speed near the target speed for the current segment.

IMPORTANT: The target speed is intended only to provide motivation. Your actual pedaling speed may be slower than the target speed. Make sure to pedal at a speed that is comfortable for you.

If the resistance level for the current segment is too high or too low, you can manually override the setting by pressing the Resistance buttons.

IMPORTANT: When the current segment of the workout ends, the pedals will automatically adjust to the resistance level programmed for the next segment.

If you stop pedaling for several seconds, a series of tones will sound and the workout will pause.

To restart the workout, simply resume pedaling. The workout will continue until the last segment of the profile flashes and the last segment of the workout ends.

4. Follow your progress with the display.

See step 4 on page 16.

5. Measure your heart rate if desired.

See step 5 on page 17.

6. When you are finished exercising, the console will turn off automatically.

See step 6 on page 17.

HOW TO USE THE SOUND SYSTEM

To play music or audio books through the console sound system while you exercise, plug a 3.5 mm male to 3.5 mm male audio cable (not included) into the jack on the console and into a jack on your MP3 player, CD player, or other personal audio player; **make sure that the audio cable is fully plugged in.**

Note: To purchase an audio cable, see your local electronics store.

Next, press the play button on your personal audio player.

Adjust the volume level using the volume increase and decrease buttons on the console or the volume control on your personal audio player.



THE SETTINGS MODE

The console features a settings mode that allows you to view console usage information and to turn on or turn off the demo mode.

To select the settings mode, press and hold down the Performance Workouts button for a few seconds until the settings information appears in the display.

The left display will show the total number of hours that the console has been used since the elliptical



was purchased. The right display will show the total distance that the elliptical has been pedaled.

The console features a display demo mode, designed to be used if the elliptical is displayed in a store. While the demo mode is turned on, the console will show a preset presentation when it is not in use. If the demo mode is turned on, a "d" will appear in the right display. To turn on or turn off the demo mode, press the volume decrease button.

To exit the settings mode, press the Performance Workouts button.

EXERCISE GUIDELINES

⚠ WARNING:

Before beginning this or any exercise program, consult your physician. This is especially important for persons over the age of 35 or persons with pre-existing health problems. The pulse sensor is not a medical device. Various factors may affect the accuracy of heart rate readings. The pulse sensor is intended only as an exercise aid in determining heart rate trends in general.

These guidelines will help you to plan your exercise program. For detailed exercise information, obtain a reputable book or consult your physician. Remember, proper nutrition and adequate rest are essential for successful results.

EXERCISE INTENSITY

Whether your goal is to burn fat or to strengthen your cardiovascular system, exercising at the proper intensity is the key to achieving results. You can use your heart rate as a guide to find the proper intensity level. The chart below shows recommended heart rates for fat burning and aerobic exercise.

165	155	145	140	130	125	115	♥
145	138	130	125	118	110	103	♥
125	120	115	110	105	95	90	♥
20	30	40	50	60	70	80	

To find the proper intensity level, find your age at the bottom of the chart (ages are rounded off to the nearest ten years). The three numbers listed above your age define your "training zone." The lowest number is the heart rate for fat burning, the middle number is the heart rate for maximum fat burning, and the highest number is the heart rate for aerobic exercise.

Burning Fat—To burn fat effectively, you must exercise at a low intensity level for a sustained period of time. During the first few minutes of exercise, your body uses carbohydrate calories for energy. Only after the first few minutes of exercise does your body begin to use stored fat calories for energy. If your goal is to burn fat, adjust the intensity of your exercise until your heart rate is near the lowest number in your training zone. For maximum fat burning, exercise with your heart rate near the middle number in your training zone.

Aerobic Exercise—If your goal is to strengthen your cardiovascular system, you must perform aerobic exercise, which is activity that requires large amounts of oxygen for prolonged periods of time. For aerobic exercise, adjust the intensity of your exercise until your heart rate is near the highest number in your training zone.

WORKOUT GUIDELINES

Warming Up—Start with 5 to 10 minutes of stretching and light exercise. A warm-up increases your body temperature, heart rate, and circulation in preparation for exercise.

Training Zone Exercise—Exercise for 20 to 30 minutes with your heart rate in your training zone. (During the first few weeks of your exercise program, do not keep your heart rate in your training zone for longer than 20 minutes.) Breathe regularly and deeply as you exercise—never hold your breath.

Cooling Down—Finish with 5 to 10 minutes of stretching. Stretching increases the flexibility of your muscles and helps to prevent post-exercise problems.

EXERCISE FREQUENCY

To maintain or improve your condition, complete three workouts each week, with at least one day of rest between workouts. After a few months of regular exercise, you may complete up to five workouts each week, if desired. Remember, the key to success is to make exercise a regular and enjoyable part of your everyday life.

SUGGESTED STRETCHES

The correct form for several basic stretches is shown at the right. Move slowly as you stretch—never bounce.

1. Toe Touch Stretch

Stand with your knees bent slightly and slowly bend forward from your hips. Allow your back and shoulders to relax as you reach down toward your toes as far as possible. Hold for 15 counts, then relax. Repeat 3 times. Stretches: Hamstrings, back of knees and back.

2. Hamstring Stretch

Sit with one leg extended. Bring the sole of the opposite foot toward you and rest it against the inner thigh of your extended leg. Reach toward your toes as far as possible. Hold for 15 counts, then relax. Repeat 3 times for each leg. Stretches: Hamstrings, lower back and groin.

3. Calf/Achilles Stretch

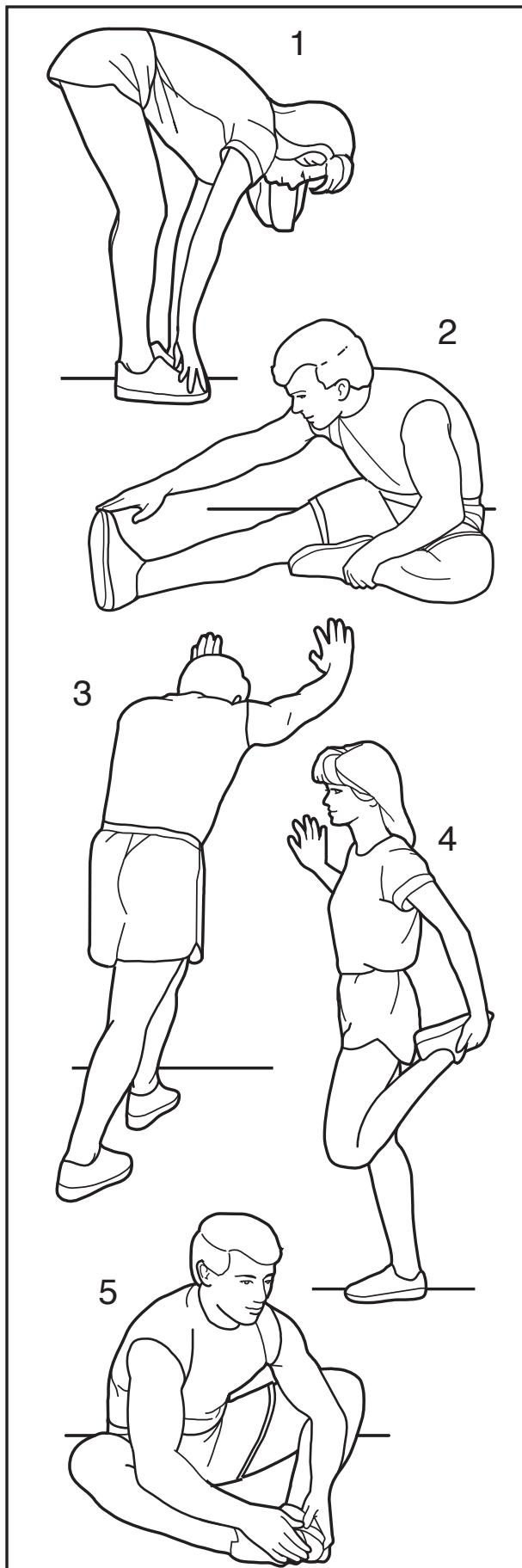
With one leg in front of the other, reach forward and place your hands against a wall. Keep your back leg straight and your back foot flat on the floor. Bend your front leg, lean forward and move your hips toward the wall. Hold for 15 counts, then relax. Repeat 3 times for each leg. To cause further stretching of the achilles tendons, bend your back leg as well. Stretches: Calves, achilles tendons and ankles.

4. Quadriceps Stretch

With one hand against a wall for balance, reach back and grasp one foot with your other hand. Bring your heel as close to your buttocks as possible. Hold for 15 counts, then relax. Repeat 3 times for each leg. Stretches: Quadriceps and hip muscles.

5. Inner Thigh Stretch

Sit with the soles of your feet together and your knees outward. Pull your feet toward your groin area as far as possible. Hold for 15 counts, then relax. Repeat 3 times. Stretches: Quadriceps and hip muscles.



MAINTENANCE AND TROUBLESHOOTING

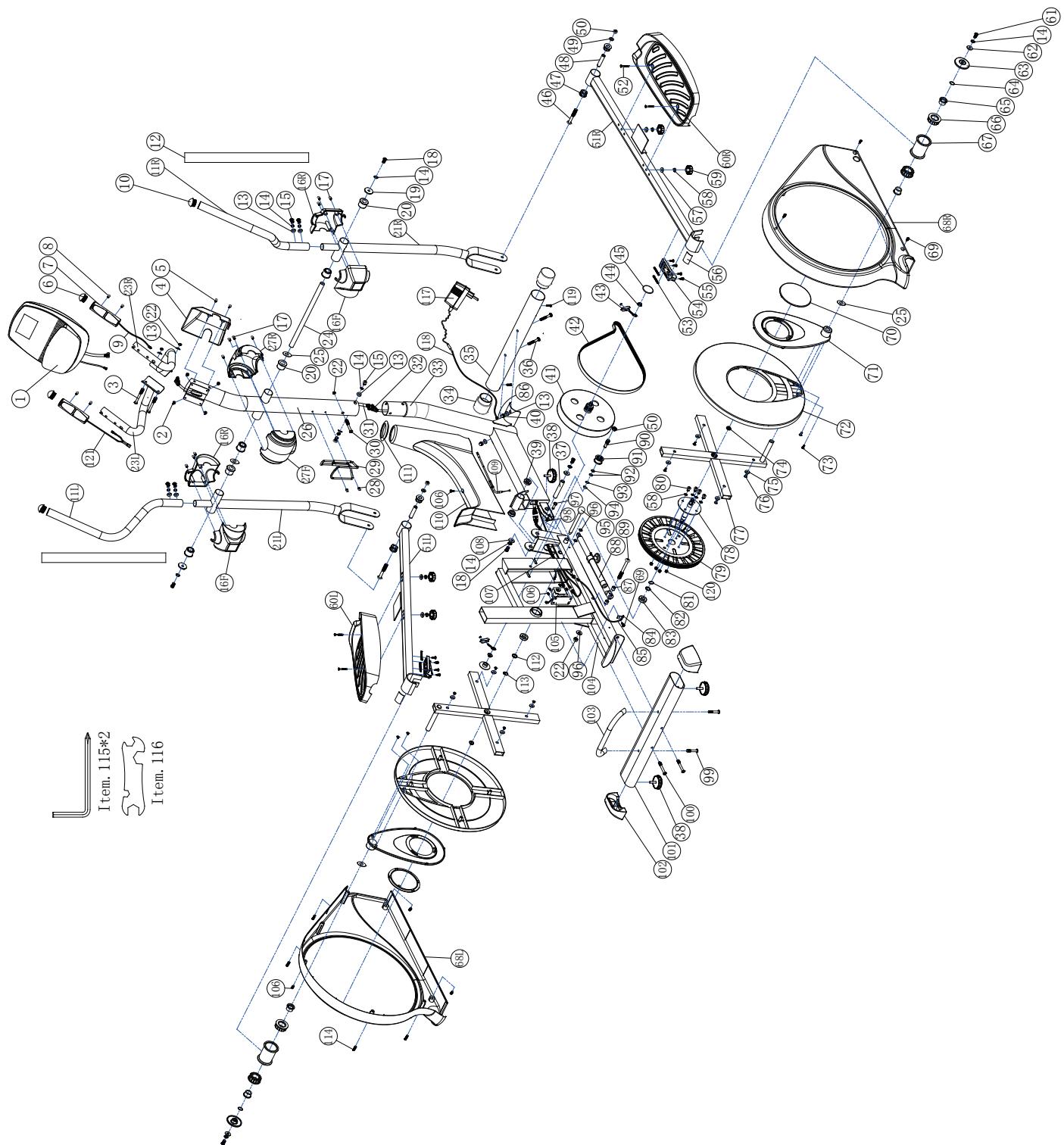
Inspect and tighten all parts of the elliptical regularly.

Replace any worn parts immediately.

To clean the elliptical, use a damp cloth and a small amount of mild detergent.

Important: To avoid damaging the console, keep liquids away from the console and keep the console out of direct sunlight.

EXPLODED DRAWING—Model No. PFIVEL74514.0



PART LIST – Model No. PFIVEL74514.0

Item	Description	Qty.	Item	Description	Qty.
1	Computer	355357	62	Washer	Φ8*Φ21*2T
2	Screw	M5*12	63	Plastic cover	8209
3	Allen Bolt	M8*85	64	Wave Washer	Φ19*Φ23*0.5T
4	Computer Rack		65	Bush	Φ19*34*19
5	Screw	M5*20	66	End Cap	8209
6	End Cap	Φ32	67	Tube	8209
7	“Hand Grip	Φ32	68	Chain Cover(L+R)	
8	Self-tapping Screw	M3.5*20	69	Drill Screw M5*15	5
9	Hand Pulse Cable	600mm	70	Plastic Cover	2
10	End Cap	Φ32xΦ50	71	Plastic Cover	2
11	Upper Swing Bar(L+R)		72	Round Cover	2
12	Form	Φ32*3T*630mm	73	Self-tapping Screw M4.5*10	2
13	Curved washer	Φ8*Φ19*1.5T	74	Flange Screw	M10*1.25
14	Spring	Φ8	75	Washer	Φ6*Φ14*1.5T
15	Allen Bolt	M8*20	76	Self-tapping Screw	M4*15
16	Center Shaft Plastic Cover		77	Crank	2
17	Self-tapping Screw	M4*15	78	Round Metal Plate	2
18	Allen Bolt	M8*20	79	Belt Wheel	305J6
19	Washer	Φ8*Φ36*3T	80	Allen Bolt	M6*10
20	Nylon Tube	Φ19*Φ38	81	Wave Washer	Φ20*Φ25*0.5T
21	Lower Swing Bar(L+R)		82	Washer	Φ20*Φ25*1T
22	Nut	M8	83	Bearing	6004-2RS
23	Handle Bar		84	Sensor Set	1
24	Rotation Rod		85	Sensor Cable	600mm
25	Washer	Φ19.5*Φ38*0.5T	86	DC Cable	400mm
26	Handlebar Post		87	Bushing	Φ13*5
27	Central shaft cover(F+R)		88	Hydraulic Cylinder	1
28	Screw	M5*15	89	Allen Bolt	M8*100
29	Water Bottle Holder		90	Axis	Φ10*42
30	Allen Bolt	M8*70	91	Oppress Pole	Φ37*20.5
31	Upper Computer Cable	850mm	92	Washer	Φ10*Φ15*1T
32	Connecting Wire	1250mm	93	Wave Washer	Φ10*Φ14*0.5T
33	Front Main Frame welding		94	C-Sharp Clip	Φ8
34	Front End Cap	Φ65	95	Bolt	
35	Front Stabilizer		96	Washer	Φ8*Φ16*2T
36	Carriage Bolt	M8*75	97	Hydraulic Cylinder Bolt	
37	Tube	Φ14.5*86	98	C-Sharp Clip	Φ6
38	Knob	M8*30(8103)	99	Allen Bolt	M8*60
39	Bush	Φ14.7*31.8*10	100	Allen Bolt	M8*110
40	Cap Nut	M8	101	Rear Stabilizer	
41	Flywheel	Φ245*105*32	102	Rear End Cap	
42	Belt	460J6	103	Rear Handle	
43	Chain Adjustable Set		104	Main Frame	
44	Flange Screw	3/8	105	Motor	
45	Axle Cap		106	Drill Screw	M5*20
46	Allen Bolt	M10*90	107	Lower Computer Cable	450mm
47	Bush	14*32	108	Washer	Φ8*Φ24*0.5T
48	Tube	Φ14*72.2	109	Wire	
49	Washer	Φ10*Φ19*2T	110	Front Plastic Cover	
50	Nut	M10	111	Rubber Ring	
51	Footplate Support Bar (L+R)		112	Washer	Φ20*Φ25*2T
52	Carriage Bolt	M6*55	113	C-Sharp Clip	Φ18
53	Spring	Φ0.7*6.4*47	114	Self-tapping Screw	M4.5*25
54	Pedal locker		115	Hexagon Wrench	5mm
55	Screw	M5*12	116	Combination Wrench	
56	Rubber pad		117	Adaptor	
57	Washer	Φ6*Φ14*2T	118	Cable	
58	Spring	Φ6	119	Screw	M5*15
59	Round Head Quick Pin	M6	120	Nut	M6
60	Footplate (L+R)		121	Connecting Wire	700mm
61	Allen Bolt				1

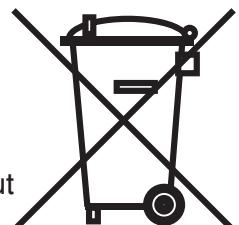
ORDERING REPLACEMENT PARTS

To order replacement parts, please see the front cover of this manual. To help us assist you, be prepared to provide the following information when contacting us:

- the model number and serial number of the product (see the front cover of this manual)
- the name of the product (see the front cover of this manual)
- the key number and description of the replacement part(s) (see the PART LIST and the EXPLODED DRAWING near the end of this manual)

IMPORTANT RECYCLING INFORMATION FOR E. U. CUSTOMERS

This electronic product must not be disposed of in municipal waste. To preserve the environment, this product must be recycled after its useful life as required by law. Please use recycling facilities that are authorized to collect this type of waste in your area. In doing so, you will help to conserve natural resources and improve European standards of environmental protection. If you require more information about safe and correct disposal methods, please contact your local city office or the establishment where you purchased this product.



TECHNICAL SPECS.

Product dimensions : (L x l x h) : 163 x 66 x 162 cm
Product weight : 53 Kg